

I HAVE DIABETES

I am not intoxicated. If I am unconscious or my behavior is peculiar, I may be having a reaction associated with diabetes or its treatment.

Emergency Treatment



If I am able to swallow, give me sugar in some form - candy, syrup or beverages that contain sugar (orange juice, cola, etc). Call 911 or

a doctor or emergency hospital at: _____

CONTACT PHONE NUMBERS:

HealthCare Provider:

Name _____

Phone _____

Family/Personal Contact:

Name _____

Phone _____

Tests	How Often?	My Goal
A1C (average glucose)	Quarterly to Annually	
Blood Pressure	Each Routine Visit	
Cholesterol (LDL)	Annually	

*An A1c of 7 equals an average blood glucose of 150

Your target A1C is: _____

(average blood glucose of _____)

Name _____ Date _____

Medications:

Drug _____ Dose _____ Frequency _____ For _____

Allergies:

DIABETES



Emergency Treatment Information Card

Visit Us
OnLine

DoD: www.QMO.amedd.army.mil

VA: www.OQP.med.va.gov/cpg/cpg.htm