

Department of Veterans Affairs

Employee Education System

presents

Course ID: 04.B.ST.CG.SRIS.A
and 05.ST.CG.SRIS.A

Stroke Rehabilitation Clinical Practice Guideline

Independent Study

August 30, 2004

To

August 30, 2005

VA National Catalog Number: [PTCAR-EES-J365](#)

In collaboration with

The Office of Quality and Performance

and Physical Medicine and Rehabilitation Program Office of VACO Patient Care
Services

Place: An Independent Study on the EES Online Learning Web Site.

Purpose:

The overall goals of this program are twofold. First, this program will provide the learner with knowledge of the **VA/DoD Clinical Practice Guideline (CPG) for the Management of Stroke Rehabilitation**. The second purpose is to teach the learner how to use the guideline to care for the patient who needs stroke rehabilitation.

Outcome Objectives:

Upon completion of this program participants will be able to:

1. utilize the Stroke Rehabilitation Clinical Practice Guideline
2. define basic terms
3. explain the basic concepts of stroke rehabilitation
4. describe use of appropriate assessment tools
5. analyze patient situations for appropriate care
6. identify common symptoms in the post-stroke patient (depression and anxiety, aspiration, aphasia, motor-speech disorders, cognitive disorders, etc.)
7. identify potential reoccurrence or complications following stroke
8. arrange for follow-up

Target Audience:

The primary target audience for the Stroke Rehabilitation Training Program is defined as the multi-disciplinary health care team: physicians, nurses, pharmacists, physical therapists, psychologists, occupational therapists, speech-language pathologists, social workers, recreation therapists, kinesiotherapists, physician assistants, dietitians, and nurse practitioners.

Content Area:

Patient Care Processes

Topic:

Clinical Practice Guidelines

Accreditation/Approval:

Accreditation Council for Continuing Medical Education (ACCME)

The VA Employee Education System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

American Nurses Credentialing Center (ANCC)

VA Employee Education System is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

American Psychological Association (APA)

The VA Employee Education System is approved by the American Psychological Association to offer continuing education for psychologists. The Employee Education System maintains responsibility for the program.

Continuing Education Credit:

Accreditation Council for Continuing Medical Education (ACCME)

The VA Employee Education System designates this educational activity for a maximum of 2.5 hours in category 1 credit towards the American Medical Association Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

American Nurses Credentialing Center (ANCC)

VA Employee Education System designates this educational activity for 3 contact hours in continuing nursing education.

American Psychological Association (APA)

As an organization approved by the American Psychological Association, the VA Employee Education System is offering this activity for 2.5 hours of continuing education credit. The Employee Education System maintains responsibility for the program.

Association of Social Work Boards (ASWB)

VA Employee Education System, Provider Number 1040, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), (1-800-225-6880) through the Approved Continuing Education (ACE) program. VA Employee Education System maintains responsibility for the program. Social workers will receive 2.5 continuing education clock hours in participating in this course.



American Council on Pharmaceutical Education (ACPE)

The VA Employee Education System is accredited by the American Council on Pharmaceutical Education as a provider of continuing pharmaceutical education Program #610-999-04-015-H01v. This program is accredited for 2.5 contact hour(s). The Employee Education System maintains responsibility for the program. A statement of credit will be awarded to participants and accreditation records will be on file at the Employee Education System. In order to receive continuing pharmaceutical education credit, participants must attend 100% of the program and complete an evaluation form. Statements of credit will be mailed to participants within six weeks following conclusion of the program.

Continuing Education Credit (continued)

Employee Education System

The VA Employee Education System designates this educational activity for 2.5 continuing education hours.

The Employee Education System maintains responsibility for the program. A certificate of attendance will be awarded to participants. In order to receive a certificate from EES, you must sign in and enroll online for this program, review and complete all on-line course modules, complete a program evaluation, score 70% or higher on the final exam and print your own certificate at the conclusion of the program (certificates will not be mailed). EES cannot issue certificates unless the course is 100 percent complete.

Report of Training:

It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process.

Course Content:

1. CPG

- Scope
- Rating the Evidence
- Development of the Guideline
- Why is the Guideline Important?
- How to Navigate
- What Does the Guideline Contain?
- Review Questions

2. Assessment

- Introduction
- Role of Staff
- Secondary Prevention and Complications
- Rehab Assessment
- Case Study # 1
- Case Study # 2
- Review Questions

3. Specific Impairments and Interventions

- Introduction
- Dysphagia (Swallowing)
- Communication Disorders
- Motor Functioning
- Spasticity
- Shoulder Pain
- Cognitive Remediation
- Mood Disturbance
- Visual and Spatial Neglect
- Case Study # 1 (continued)
- Review Questions

4. Location of Care

- Introduction
- Inpatient Rehab (CIIRP)
- Contracted Inpatient Community Care
- Community-Based Care
- Case Study # 1 (continued)
- Case Study # 2 (continued)
- Case Study # 3
- Case Study # 4
- Review Questions

5. Glossary

6. Resource Listing

7. References Listing

8. Final Exam

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VA Application Procedure:

To receive credit and a certificate of attendance for this course, you must:

1. Complete the web-based training program.
2. Complete the program evaluation form.
3. Plan for an estimated study time of 2.5 hours for this program.
4. You may submit the Program Evaluation responses by using this Employee Education System website if you have access to Internet Explorer 4.0 or Netscape 4.0 or higher.
5. Upon completing the program, completing the program evaluation and scoring 70% or greater on the final test, you will be able to immediately print your certificate according to instructions located on this web site location.

Review Date: This program will be reviewed once a year or as required for content accuracy. Information on participation may be obtained from Donna Schoonover, Project Manager, St. Louis, Education Resource Center, St. Louis, MO, Telephone 314-894-5735, e-mail: Donna.Schoonover@lrn.va.gov.

Policies and Disclosures

The Rehabilitation Act of 1973, as amended:

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