

Welcome to Atlanta, Georgia



Orientation



New
VHA-DoD Diabetes
Educators

August 4, 2009
Atlanta, Georgia



Presented by:

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ADA Recognized Program
Daytona Beach, Florida

Disclaimer

- The information shared in this presentation is done so at the discretion of the presenter and may not reflect the position of VA and/or DOD.

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- **Secretary**
- **Treasurer**

VHA and DoD Diabetes Specialty Practice Group

American Association of Diabetes Educators

Member

**VHA-DoD Diabetes Program
Planning Committee**

Orlando VA Medical Center

VISN 8

Objectives

**1. Understand the history of
VHA-DoD Diabetes
Educators SPG.**

2. Identify education resources that are available from Diabetes, Dietetic Associations and Specialty Practice Groups.

3. Understand how, when and where to apply for certification as a diabetes educator.

4. Identify education materials that are available from the Centers for Disease Control and Prevention (CDC) and the National Diabetes Information Clearinghouse (NDIC).

5. Understand how to obtain an application for the American Diabetes Association's (ADA) Education Recognition Program.

6. Understand how to obtain an application for the American Association of Diabetes Educators (AADE) Education Recognition Program.

**7. Discuss the VHA/DoD Clinical Guidelines for Diabetes Mellitus-
Module M-Self Management and
Education.**

History

**VHA/DoD Diabetes
Educators
Specialty Practice
Group (SPG)**

❖ 1980 – VA Diabetes Educators

**❖ 1996 – VA Diabetes Educators
SPG/AADE**

**❖ 2002 - VHA – DoD Diabetes
Educators**

•Philadelphia

**VHA – DoD Diabetes Program
Planning Committee**

**Sharon A. Watts, ND, NP, CDE
Chairperson**

VHA – DoD Diabetes Educators SPG

Chairperson

Pamela Rachal, RN,MSN,CDE,APN

Chairperson-Elect

Trinina M. Dove, PharmD,RPh

Annual Business Meeting

Wednesday – August 5, 2009

7:30 P.M. – 9:00 P.M.

and

Poster Reception

6:00 P.M. – 7:30 P.M.

NEWSLETTER

DIABETES/DIETETIC ASSOCIATIONS

**American Association
of Diabetes Educators
(AADE)**

www.diabeteseducator.org

Annual Membership \$125.00

SPG: VHA – DoD \$ 15.00

Membership Application

3 Ways to Join

Online: www.diabeteseducator.org

Fax: (312)424-2427 Attn: Membership

Mail: AADE-General

Dept. 4414

Carol Stream, IL 60122-4414

**Certification Program
for
Diabetes Educators**

www.ncbde.org

Who Can Become A Certified Diabetes Educator (CDE)?

Registered Dietitian

Physical Therapist

Pharmacist

Occupational

Therapist

Registered Nurse

Who Can Become A Certified Diabetes Educator (CDE) cont?

Physician

Physician Assistant

Podiatrist

Clinical Psychologist

Optometrist

Exercise Physiologist

Benefits of CDE:



**Specialized diabetes
education base**

Diabetes Specialist

Multi-skilled

**Reimbursement from
Medicare and insurance
companies in many states.**

Mission

Through the development, maintenance and protection of the certification process and the Certified Diabetes Educator (“CDE®”) credential, the National Certification Board for Diabetes Educators (NCBDE”) recognizes and advances the specialty practice of diabetes education.

**Definition of Diabetes
Self-Management Education:**

Diabetes self-management is defined as the ongoing process of facilitating the knowledge, skill, and ability necessary for diabetes self-care.

This process incorporates the needs, goals and life experiences of the person with diabetes and is guided by evidence-based standards.

Objectives of Diabetes Self-Management Education

- ◆ To support informed decision making
- ◆ Self - care behaviors
- ◆ Problem - solving
- ◆ Active collaboration with the health care team

- ◆ To improve clinical outcomes
- ◆ Health status
- ◆ Quality of life

Purpose of the NCBDE Certification Program

- ◆ To conduct certification activities in a manner that upholds standards for competent practice in diabetes self-management education.

◆ The CDE credential demonstrates that the certified health care professional possesses distinct and specialized knowledge, thereby promoting quality care for persons with diabetes.

Objectives of the Certification Program

- ♦ Provide a mechanism to demonstrate professional accomplishment and growth
- ♦ Provide formal recognition of specialty practice and knowledge at a mastery level

- ♦ Provide validation of demonstrated dedication to diabetes education to consumers and employees
- ♦ Promote continuing commitment to best practices, current standards and knowledge

Professional Practice Experience

Work experience is defined as employment for compensation as a diabetes educator in the U.S. or it's territories within the past 5 years.

Professional Practice Experience **(prior to applying for exam)**

A. Current employment in a defined diabetes educator role performing diabetes self-management education a minimum of four hours per week.

Professional Practice Experience

B. A minimum of two years of professional practice experience in diabetes self-management education.

Professional Practice Experience

C. A minimum of 1,000 hours of diabetes self-management education experience.

Application Contact:

Applied Measurement Professionals, Inc.

18000 W. 105th Street

Olathe, Kansas 66061-7543

Phone: 913-895-4600

Fax :913-895-4651

Web: www.goAMP.com

E-mail: info@goAMP.com

Application

❖ **Submit a completed application**

❖ **Send the required \$350**



❖ **Submit by application deadline**

Certified Diabetes Educators Exam: 2009

Deadline Dates:

March, 2010

September 15, 2009

Exam Dates:

for May-June 2010

**for November-
December 2009**

Test Information:



- ❖ **200 Multiple Choice Questions**
- ❖ **Testing time - 4 hours**

AADE Publications

AADE

The Diabetes Educator's Guide

- ◆ **Resources**
- ◆ **Events**
- ◆ **Learning**

Products:

www.diabeteseducator.org/product/K800

or

Telephone:

1-800-338-3633 Ext. 4100

**The Art and Science
of Diabetes
Self-Management
Education**

❖ **Desk Reference**

❖ **Member**

Book - \$199.00

Book with CD \$259.00

❖ Journal – The Diabetes Educator

**❖ Article – SPG – Vol 29, #1,
Jan. – Feb. 2003
Page 65**

❖ Local AADE Chapters

AADE

Online Reimbursement Guide for Diabetes Educators

❖ 4 web-based modules

Members:

❖ **Module 1 Free**

❖ **Modules 2 Thru 4 -\$35**

AADE

CQI

- ◆ A Step by Step Guide for Quality Improvement in Diabetes Education with CD-Rom-Second Edition
- ◆ Member - \$29.95

AADE Webinars

- **Monthly**
- **90 minutes**
- **\$125**
- **Log on, dial up and learn**
- **[www.diabetes educator.org/webinars](http://www.diabeteseducator.org/webinars)**

❖ **Video/VHS**

❖ **DVD**

❖ **Powerpoint**

AADE 7™ System

- ◆ Online software package for diabetes education
- ◆ Patient Profile
- ◆ Goal Setting
- ◆ Clinical Data

- ◆ Self Assessment
- ◆ Education Assessment
- ◆ Classes
- ◆ Communication Tools
- ◆ Reporting

NEW

Diabetes Education Accreditation Program

- ◆ Simplified
- ◆ Streamlined
- ◆ Online accreditation
process

COST

- ◆ Up to 10 service settings \$800
- ◆ 11 to 20 service settings \$1200
- ◆ Over 20 service settings
Call 1-800-338-3633

More Information

**[www.diabetes educator.org/
accreditation](http://www.diabeteseducator.org/accreditation)
and
page 11 of the Guide**

Milner-Fenwick Inc.

1-800-432-8433

www.milner-fenwick.com

The American Dietetic Association

1-800-ADA-3472

The Diabetes Care and Education

Specialty Practice Group

❖ Over 5800 Members

DCE Web Site

www.dce.org

Publications

❖ Newsflash

❖ On the Cutting Edge

COST

❖ **SPG - \$30 Plus**

❖ **ADA Annual Dues**

Resource

- ♦ **Supplement of the Journal of the American Dietetic Association
April 2008 - Supplement 1
Volume 108 - Number 4**

Title

- ◆ Emerging Trends in Diabetes Prevention and Control:
- ◆ Applications to Practice

**American Diabetes Association
(ADA)**

1-800-ADA-3472

ADA
Education Recognition Program

7th Edition

1-888-232-0822

◆Paulina N. Duker, MPH,ARNP,
BC-ADM,CDE Director,
Education and Recognition
Program

- ♦ Terry Unger, BS, RD, CDE
Associate Director,
Education and Recognition
Program

Application

ADA Web Site

<http://www.diabetes.org>

Application

DoD Web Site

**[http://www.qmo.amedd.army.mil/
diabetes/innovations.htm](http://www.qmo.amedd.army.mil/diabetes/innovations.htm)**

COST

❖ \$ 1100

❖ \$ 100 each additional site

American Diabetes Association

❖ Resources

Education Catalogs

- ◆ **Professionals**

- ◆ **Patients**

On-line only

www.diabetes.org

**Life with Diabetes
3rd Edition**

❖ Teaching Outlines

**Michigan Diabetes Research
and Training Center**

\$89.95– Non Members - \$71.95 Members

Putting Your Patients On The Pump

Karen M. Bolderman, R.D., L.D., C.D.E.

\$18.95 Non-Member \$16.95 Member

Nutrition Education

Materials

2008

Choose Your Foods Exchange Lists

for

Meal Planning

❖ **English**

❖ **Spanish**

Choose Your Foods Exchange Lists

for

Weight Management

- ◆ **English**
- ◆ **Spanish**

**❖ Basic Carbohydrate
Counting**

and

**❖ Advanced Carbohydrate
Counting**

**Complete
Guide to Carb Counting
2nd Edition**

The First Step in Diabetes Meal Planning

❖ English

❖ Spanish

Guide to Healthy Fast Food Eating

**Hope S. Warshaw
MMSc, R.D., CDE, BC-ADM**

Cost: \$9.95

**Guide to Healthy
Restaurant Eating**
Hope S. Warshaw,
MMSc,R.D.,CDE,BC-ADM

4th Edition

\$20.95

Ordering Information

1-800-232-6733 or

**Web:[http://store.
diabetes.org](http://store.diabetes.org)**

Journal

**American Diabetes
Association: Clinical Practice
Recommendations 2009
Diabetes Care
Vol 32 Supplement 1
January 2009**

**Centers for Disease Control
and
Prevention
(CDC)**

email-diabetes@cdc.gov

or

<http://www.cdc.gov/diabetes>

Take Charge of Your Diabetes

3rd Edition-2003

❖ **English**

❖ **Spanish**

❖ **Camera Ready**

VHA-DoD

**Diabetes Clinical
Guidelines**

Module M
Self-Management and Education

**Web site: [http://www.oqp.med.
va.gov/cpg/cpg.htm](http://www.oqp.med.va.gov/cpg/cpg.htm)**

VHA COLLAGE

[http://vawww.collage.research.med.
va.gov/cgi-bin/collage](http://vawww.collage.research.med.va.gov/cgi-bin/collage)

Homepage Link

[http://vawww.collage.research.med
.va.gov/collage/E_diabetes/](http://vawww.collage.research.med.va.gov/collage/E_diabetes/)

My Health_Vet

www.myhealth.va.gov

2009 Catalog

**National Institute of
Diabetes and Digestive and
Kidney Diseases**

(NIDDK)

www.catalog.niddk.nih.gov

**National Diabetes
Information Clearinghouse
(NDIC)**

www.niddk.nih.gov

email: ndic@info.niddk.nih.gov

**Telephone: 1-800-860-8747 or
301-654-3327**

Fax: 703-738-4929

NDIC

1 Information Way

Bethesda, Md. 20892-3560

Diabetes

Easy- to- Read-Library

Prevent Diabetes Problems

Library Boxed Set

- ❖ First boxed set free
- ❖ Additional sets \$10 each

❖ Keep your diabetes under control

❖ Keep your kidneys healthy

❖ Keep your eyes healthy

❖ Keep your feet and skin healthy

**❖ Keep your heart and
blood vessels healthy**

**❖ Keep your nervous system
healthy**

**❖ Keep your teeth and gums
healthy**

Self-Care Basics

Diabetes “Starter Kit”

Library Boxed Set

- ❖ First Boxed Set Free
- ❖ Additional Sets \$10 each

- ❖ **What I need to know about Diabetes Medications**
- ❖ **What I need to know about Eating and Diabetes**
- ❖ **What I need to know about Physical Activities and Diabetes**

❖ **Your Guide to Diabetes:
Type 1 and Type 2**

❖ **The Diabetic Dictionary**

◆ **Diabetic Neuropathies:
The Nerve Damage of Diabetes**
(No.09-3185)

◆ **Gastroparesis**
(No. 07-4348)

◆ **Kidney Disease of Diabetes**
(No. 08-3925)

◆ **Insulin Resistance and
Pre-diabetes (No.09-4893)**

◆ **Diabetes Overview
(No. 09-3873)**

◆ **Diabetes, Heart Disease and Stroke
(No. 06-5094)**

◆ **Hypoglycemia**
(No.09-3946)

◆ **Financial Help for
Diabetes Care (No.04-4638)**

National Digestive Diseases Information Clearing House

NDDIC

www.digestive.niddk.nih.gov

Online catalog:www.catalog.niddk.nih.gov

Celiac Disease

**National Diabetes
Education Program
(NDEP)**

www.ndep.nih.gov

❖ English

❖ Spanish

❖ Other Ethnic Languages

WIN

Weight-Control Information Network

1 WIN Way

Bethesda, MD 20892-3665

Phone: (202) 828-1025

Fax: (202) 828-1028

WIN

Toll-free number: 1-877-946-4627

E-mail: WIN@info.niddk.nih.gov

Internet: <http://www.win.niddk.nih.gov>

National Kidney Disease Education Resources

Web: www.nkdep.nih.gov

Phone: 1-866-454-3639

National Kidney Foundation

Free CD-Rom.CME/CE activity

www.kidney.org/KLS

Phone: 1-800-622-9010

INSULIN

- ❖ Clinical Journal for
Health Care Professionals
- ❖ www.InsulinJournal.com

NASCO Nutrition Catalog

- ◆ **Food Models**
- ◆ **Teaching Aids**

1-800-558-9595

Web-www.eNasco.com/nutrition

◆dLife TV

- ◆Sunday-7pm Eastern on CNBC
- ◆Newsletter-dlifeneews@dlife.com

A photograph of Stone Mountain, a large granite dome in Atlanta, Georgia. The mountain is covered in green trees and is partially shrouded in mist or low clouds. In the foreground, a red trolley is visible, likely part of the Stone Mountain Scenic Railway. The overall scene is somewhat hazy, suggesting a misty or overcast day.

Questions??

Stone Mountain